# **40th Annual TAFCE State Conference**



November 13-16, 2022

**Franklin Marriott Cool Springs** 

Franklin, TN



# **TABLE OF CONTENTS**

Hotel Information	3
Conference Registration Form	5
Consent Release Form	7
Conference Agenda	9-10
Conference Information	11-12
Walk-In Craft Classes	14-15
Creative Craft Classes	17-19
Education Sessions	21-23
Tours	26-27

# **Due Date October 1, 2022**

# Registration check payable to <u>TAFCE</u>

# Creative Craft and Tours payable to TAFCE, Central Region

- Mail Reg. Form (p 5), Consent Form (p 7) & check to Fran Howard, 2493 Castain Drive, Morristown, TN 37813
- Email Walk-In Class Form/Information (p 15) to Carolyn Binkley <a href="mailto:2022stateconf@gmail.com">2022stateconf@gmail.com</a>
- Mail Creative Craft Class Form (p 20) and check to Linda Prince, 1665 Jordan Lane, Lewisburg, TN 37091
- Email Education Class Form/Information (p 24) to Patty Priest pattypriest@gmail.com
- Mail Tours Form (p 27) and check to Glenda Palmer, 1113 Oak Creek Drive, Nolensville, TN 37135

Questions: Emily Gordon, Conference Chair, egordon.tafce22@gmail.com or 931-359-7074

# 40<sup>th</sup> Annual Tennessee Association for Family and Community Education Conference

November 13-16, 2022

Franklin Marriott Cool Springs 700 Cool Springs Blvd Franklin, TN

Trunkin,	
Check in time: 4:00 p.m. Central Time	Check out time: 12:00 p.m. Central Time
Room Rate: \$151.00 plus tax per night. For reservations, Deadline for making reservations at this price: October 1,	
To receive the special group rate, use our <b>group code: TN</b> and indicate you are with Tennessee Association for Family make your room reservation prior to mailing in your confe	y and Community Education, TAFCE. You need to
CONFIRMATION NUMBER:	
The Marriott is located at 700 Cool Springs Boulevard, Frammany shopping venues, and restaurants offering a variety included in your Registration Packet.	• •
Guest services include complimentary parking in a level particle rooms and meeting space, refrigerators, coffee makers and fitness center. The hotel offers zero transportation options	d hair dryers in guest rooms, indoor pool, and a
The 'Stave' Restaurant offers an á la carte menu for breakf	fast, lunch, and dinner.
<u>Directions:</u>	

I-65 S from Nashville, to Exit 68 B Cool Springs Boulevard to Marriott. I-840 to I-65 N to Exit 68 A Cool Springs Boulevard to Marriott.

UNDER NO CIRCUMSTANCES WILL THERE BE ANY SALE OF ITEMS OUT OF PERSONAL ROOMS: DOING SO WILL VIOLATE OUR CONTRACT WITH THE HOTEL.

# 40<sup>th</sup> ANNUAL TAFCE STATE CONFERENCE-REGISTRATION FORM Franklin Marriott, November 13-16, 2022

Name	Cour	nty
	Home Phon	ne w/area code
Region		
Emergency Contact & Numbe	r	
Hotel	Confirmation Number:	<del></del>
Please check all that apply:		
TAFCE Member	Executive Alumnus	Guest
Voting Delegate	First Conference	Non-Member
CVU Recipient	New 50 year Member	Past 50 year Member
TAFCE State Board	NAFCE Member	Extension Staff
REGISTRATION-Check the app	ropriate blank (only one):	
TAFCE Member, stayin	g at Franklin Marriott	\$40.00
TAFCE Member, not st	aying at the Marriott	\$90.00
TAFCE Member-ONE D	OAY ONLYMon orTues	\$40.00
Non-Member		\$90.00
Extension Staff		\$40.00
Conference Souvenir F	in	\$6.00
Cowgirl Prom-Tuesday	Evening	\$42.00
Regular Meal		
Vegan Meal		
Region 'Modified Continenta	l' Breakfast Buffet (Circle One)	
Eastern	Central Western	\$24.00
Food Allergy (List	) Vegan	
Late Registration fee (Postma	arked after Oct 1, 2022)	\$50.00
		Total

Please mail one check payable to TAFCE with this form and Consent Form by October 1, 2022 to:
Fran Howard, TAFCE Treasurer, 2493 Castain Drive, Morristown, TN 37813
Questions: <a href="mailto:franhoward@att.net">franhoward@att.net</a> or 1-423-273-9476

Registration, prom, breakfast and pin fees are NON-refundable, but are transferable for this conference only. All transfers are the responsibility of the member, and NOT the responsibility of the State Treasurer, or any State Board Officer. Creative Craft and Tour fees are to be sent to the person listed on the appropriate form.

"Saddle Up with FCE" by attending the 40th Annual TAFCE Annual Conference in Franklin, TN



# CONSENT RELEASE FORM

I, (print name)	hereby give my
consent for photographing, filming, aud	io/videotaping, and/or transmission via broadcast/cable
television of my image and VOice, and r	elease to Tennessee Association for Family and Community of Tennessee all rights of any kind to the materials in which I
	ns whatsoever I or my heirs, executors, administrators or
	TAFCE or the University of Tennessee, or its employees, as
•	by them of said photographic reproductions,
nims, audio/videotape, social media and	l/or web, or transmission via broadcast/cable television.
may be used for purposes consistent witteaching, research and service, including	nd biographical material, portrait, picture, likeness, or voice th TAFCE or the University of Tennessee's mission of g the promotion and publicizing of the materials in which nay be made will not constitute a direct endorsement by
I have read this entire document, unders above conditions.	stand the contents, and I have willingly agreed to the
Date:	Region
Name (print):	·····
Address:	
Signature:	
Signature of Parent/Guardian (if under 1	18):

This form is good for this event only.

Please mail this with your Registration Form and check to: Fran Howard, TAFCE Treasurer, 2493 Castain Drive, Morristown, TN 37813

# **CONFERENCE AGENDA**

### **SUNDAY, NOVEMBER 13**

Registration	3:00 p.m 5:00 p.m.	<b>Convention Center</b>
Enter Cultural Arts	3:00 p.m 5:00 p.m.	Williamson
'Chuckwagon Canteen' Hospitality set up	4:00 p.m 7:00 p.m.	Room 420
'Chuckwagon Canteen' Hospitality open	7:00 p.m 10:30 p.m.	Room 420
'The Trading Post' Gift Shop set up	5:00 p.m 8:00 p.m.	Franklin
Bingo/Line Dancing	8:00 p.m 10:30 p.m.	Carothers

Free Time, Dinner on your own (no outings are planned)

# **MONDAY, NOVEMBER 14**

Breakfast on your own. The Stave Restaurant has an á la carte menu.

Registration	8:00 a.m 11:00 a.m.	Convention Center
Tommy Tour Stars' Homes/Nashville	8:45 a.m 12:00 p.m.	Meet Convention Lobby
Pre-Board Brunch	9:00 a.m 11:00 a.m.	Carothers
'Lucky Bucks' Alumni Auction set up	9:00 a.m 11:00 a.m.	Clydesdale
Walk-in Craft Classes	9:00 a.m 11:00 a.m.	Mustang, Quarter Horse, Palomino
'Chuckwagon Canteen' Hospitality	9:00 a.m 11:00 a.m.	Room 420
Historic Franklin Hello Trolley Tour	9:45 a.m 11:30 a.m.	Meet Convention Lobby
Creative Craft Classes	11:15 a.m 12:00 p.m.	Mustang, Quarter Horse, Palomino
Enter Cultural Arts	11:30 a.m 2:00 p.m.	Williamson
Enter Fashion Revue	11:30 a.m 1:00 p.m.	Salon 3

Lunch is on your own. The Stave Restaurant has an á la carte menu.

12:00 p.m 4:30 p.m.	Clydesdale
12:00 p.m 5:00 p.m.	Franklin
1:00 p.m. −4:00 p.m.	Room 420
1:30 p.m 3:30 p.m.	Salon 3
3:30 p.m 4:00 p.m.	Salon 3
1:00 p.m 3:45 p.m.	Mustang, Quarter Horse, Palomino
3:00 p.m 3:45 p.m.	Salons 1, 2, 4
2:30 p.m 4:30 p.m.	Williamson
3:00 p.m 3:40 p.m.	Salon 5
3:45 p.m 4:30 p.m.	Salon 5
5:00 p.m 6:00 p.m.	Carothers
	12:00 p.m 5:00 p.m. 1:00 p.m 4:00 p.m. 1:30 p.m 3:30 p.m. 3:30 p.m 4:00 p.m. 1:00 p.m 3:45 p.m. 3:00 p.m 3:45 p.m. 2:30 p.m 4:30 p.m. 3:00 p.m 3:40 p.m. 3:45 p.m 4:30 p.m.

#### Dinner on your own.

Diffiner off your own.		
OPENING SESSION	7:00 p.m.	SALON 5
Open After Opening	g Session until 10:3	<u>30 p.m.</u>
'Chuckwagon Canteen' Hospitality		Room 420
'The Trading Post' Gift Shop		Franklin
View Cultural Arts		Williamson
'Lucky Bucks' TAFCE Alumni Auction		Clydesdale

Night Owl Walk-In Craft-Class Cards

Games/Line Dancing/Chair Line Dancing

"Salutes to Health Care Workers"

Carothers

Carothers

### **TUESDAY, NOVEMBER 15**

Breakfast is on your own. The Stave Restaurant has an á la carte menu.

'Chuckwagon Canteen' Hospitality Room 7:00 a.m. - 8:15 a.m. Room 420

Registration 8:00 a.m. - 10:00 a.m. Convention Center

Voting Delegates Seated 8:15 a.m. Salon 5

Business Meeting 8:30 a.m. Salon 5

Break

General Session 9:45 a.m. Salon 5

## **Service Project Saddle Up!**

Serving children and young adults with disabilities through experiences with horses

### Peggy O'Neal Peden

Nashville educator and published author

Lunch is on your own. The Stave Restaurant has an á la carte menu.

Tour TN State Museum & Farmers' Market	11:15 a.m 4:15 p.m.	Meet Convention Center
Education Sessions	11:15 a.m 12: 00 p.m.	Salons 1, 2, 3, 4
Walk-In Craft Classes	1:00 p.m 1:45 p.m.	Mustang, Quarter Horse
Creative Craft Classes	1:00 p.m 1:45 p.m.	Quarter Horse, Palomino
Education Sessions	1:00 p.m 4:00 p.m.	Salons 1, 2, 3, 4
'Lucky Bucks' Alumni Auction-final bidding	12:30 p.m 4:00 p.m.	Clydesdale
'The Trading Post' Gift Shop	12:30 p.m 5:00 p.m.	Franklin
View Cultural Arts	1:00 p.m 2:45 p.m.	Williamson
'Chuckwagon Canteen' Hospitality	1:00 p.m 4:00 p.m.	Room 420

#### **PICK UP CULTURAL ARTS**

Eastern Region	3:00 p.m 3:30 p.m.	Williamson
Western Region	3:30 p.m 4:00 p.m.	Williamson
Central Region	4:00 p.m 4:30 p.m.	Williamson

'COWGIRL PROM' AND CLOSING SESSION 6:30 p.m. SALONS 5 & 6

**Entertainment: 'Cowboy Dan'** 

Entertainment using down-home humor, stories, and songs

### Open After 'Cowgirl Prom' until 10:30 p.m.

'The Trading Post' Gift Shop Franklin
'Chuckwagon Canteen' Hospitality Room 420
Games and Line Dancing Carothers
Post Board Meeting Williamson

#### WEDNESDAY, NOVEMBER 16

#### Region 'Modified Continental' Buffet Breakfast & Meetings

Eastern Region	7:30 a.m.	Franklin
Western Region	8:00 a.m.	Williamson
Central Region	8:30 a.m.	Carothers

# **CONFERENCE INFORMATION**

**LANYARD:** Please bring your TAFCE lanyard from a previous conference. New lanyards will **ONLY** be provided for first time attendees.

<u>ONE DAY REGISTRATION:</u> To accommodate members that live within driving distance, the TAFCE Board allows <u>One Day Only</u> attendance. The fee is \$40.00. Indicate which day you will attend on your registration form.

**CONFERENCE PINS:** Souvenir pins may be ordered on the registration form for \$6.00. Collect and wear them on your lanyard.



<u>PONY EXPRESS PROJECT</u>: We have our eyes on First Time Conference Attendees! We will have first timer names in a Saddle Bag on a table near the Registration area. We would like seasoned FCE members (any member that has a calling to meet new members from other regions, share a small gift from your home town, share ideas from your club, or maybe pen pal during the year) to come by our table and choose a name. Members will find their new BFF (Best Friend Forever) and help make their stay memorable.

**BOOK CLUB**: A new idea! Read <u>Your Killin' Heart</u> by Peggy Peden. Sign up for BOOK CLUB Education Session Tuesday 1:00-1:45. Come and share thoughts and get questions answered by the author!

<u>FIRST TIMERS MEETING:</u> Mary Alice Weber, Central Region President, will make first timers feel welcome and answer any questions about conference and FCE membership. Plan to attend the meeting at 3:00 p.m. Monday to receive your first timer gift! All Pony Express participants are welcome to come and meet your new BFF.

**FIRST TIME ATTENDEE SCHOLARSHIPS:** The TAFCE Executive Alumni gives scholarships (registration, banquet, and region breakfast) to two (2) fulltime first time attendees from each region. Be sure to mark your registration form if you are attending for the first time this year.

**NAFCE MEETING:** Emily Gordon, 2022 TAFCE Conference Chair and NAFCE Public Policy Coordinator, will inform members about NAFCE happenings and encourage membership. Come at 3:45 p.m. on Monday and learn how you as an FCE member benefit from the National Association of Family Community Education.

<u>PARADE OF FLAGS:</u> County Flags will be presented on PowerPoint. Counties will stand as a group and remain standing as their flag is featured and their information is announced. <u>County Council Presidents or representatives need to prepare a 3 x 5 index card with your name, region, county, number of clubs in your county, and one activity you want to spotlight.</u> Please turn these in at the Registration Desk **OR** hand them to Pamela Sites, VP for Programs, before the Opening Session.

**THE TRADING POST:** Come to the Gift Shop for a variety of handcrafted items created by the FCE members of Central Region. Proceeds from the gift shop fund our Kate Bagnall College Scholarship Fund.

**SERVICE PROJECT:** Saddle Up's mission is to impact the lives of children and young adults with disabilities by providing opportunities to grow and develop through therapeutic, educational and recreational experiences with horses. Saddle Up! annually empowers over 200 special equestrians ages 2 through 26 to grow stronger and thrive by employing a care team of trained instructors, therapists, therapy horses, and volunteers. Through participation in six year-round programs on the 34-acre farm, programs have a deep impact on the physical, cognitive, social, emotional, and mental abilities of their riders. Saddle Up! serves 130 participants weekly, has 22 horses on property, has programming Monday — Saturday, and runs programming year-round. As per their wishes, monetary donations will help purchase equipment needed for their interactive vaulting program. Items include a vaulting pad, side pulls, safety stirrups, and larger girths. Clubs or individuals could donate when the "cowboy hat" is passed during the Saddle Up! presentation at the Tuesday morning General Session. Checks should be made out to Saddle Up!.

<u>Salutes to Health Care Workers:</u> Gloria Fisher, our state president, has designated a State Project to have cards made in a Walk-In Class, signed, and put into area bags to be delivered by local clubs. The cards will be delivered to local hospitals, local fire stations, and local ambulance service headquarters to recognize their magnanimous efforts displayed during the pandemic.

TAFCE EXECUTIVE ALUMNI SILENT AUCTION: Past TAFCE state officers donate items on which you may bid. The sale provides funds to pay for the Tuesday morning speaker, first-timer scholarships, and a Book/Supplies Scholarship. Bid high and bid often. Winners are announced after the prom. Items need to be paid for and picked up immediately following the prom.

<u>FASHION REVUE PARADE:</u> There <u>will be</u> a Fashion Revue <u>Parade</u> Monday evening during the Opening Session. All articles entered will be worn or carried by the person entering the article, then escorted to a designated spot in front of the head table. Winners will be announced. A PowerPoint of all entries will be shown.

WALK-IN CRAFT CLASSES: Email wishes to Carolyn Binkley, headcount only, pay for classes at the door.

<u>CREATIVE CRAFT CLASSES</u>: Checks should be written separately to **TAFCE**, **Central Region** and sent with the respective form to Linda Prince. **DO NOT SEND THIS CHECK WITH YOUR CONFERENCE REGISTRATION CHECK**.

**EDUCATION SESSIONS:** No charge for any class, except FCL classes. Pay \$2.00 at the door.

<u>TOURS:</u> Checks for tours are to be written separately to **TAFCE**, **Central Region** and sent with the respective registration form to Glenda Palmer. **DO NOT SEND THIS CHECK WITH YOUR CONFERENCE REGISTRATION CHECK.** 

<u>BANQUET</u>: Cowgirls and Cowguys will attend the 'Cowgirl Prom' in attire that the name conjures up in your mind, ex. Western style shirt, jeans, large belt buckles, chaps, cowgirl hat, vest, prairie skirt, Tutu, petticoats, bandanas. YEE HAW!

**REGION BREAKFAST:** A Modified Continental Buffet will be served.

#### **TUESDAY MORNING SPEAKER:**

Peggy O'Neal Peden grew up in Smyrna and has lived in the greater Nashville area most of her life. She has taught English and writing at Lipscomb University, Nashville State Community College and Brentwood Academy. Peden has owned a travel agency and written award-winning advertisements. She has been published in regional magazines and was commissioned to write a book on Nashville's annual outdoor Shakespeare-in-the-Park festival production. An artist, Peggy, is a member of the Nashville Artist Guild.

<u>Your Killin' Heart</u>, the winner of the 2016 Malice Domestic Best First Traditional Mystery Award, is Peden's first published novel. It is a traditional mystery dealing with murder and Nashville's traditional and modern music industry. A second mystery set in Nashville, <u>Gone Missin'</u>, was published in January, and the third, <u>Flyin' Solo</u>, completing her Campbell Hale mystery trilogy, is under contract for publication in July of 2022.

### **COWGIRL PROM ENTERTAINMENT**

Dan Harrell, aka, 'Cowboy Dan' has been described as "Roy Rogers meets Mr. Rogers". He loves to entertain youngsters of <u>all</u> ages with his down-home humor, stories and songs. Cowboy Dan helps families understand the importance of always learning something new every day through fun stories and music.

As an advocate for the Farmer and Rancher, he believes in American Agriculture. Agriculture is Food, Fabric, Fuel and Forestry. Remember, when you see a Farmer or Rancher, say 'thank you.'

Cowboy Dan is involved in helping farmers and ranchers spread the word about healthy food and livestock.

# Notes/Work page

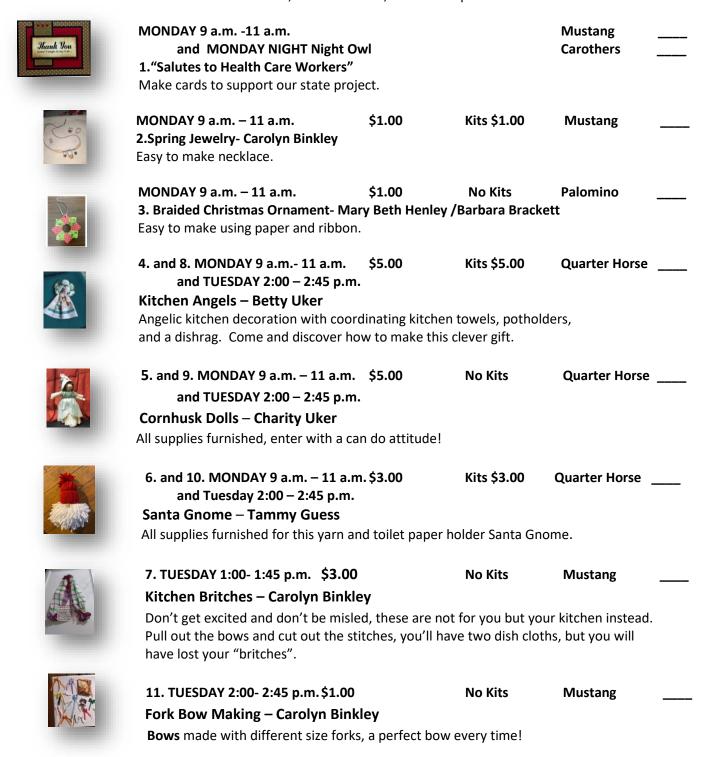


# **40<sup>TH</sup> ANNUAL TAFCE CONFERENCE**

### **WALK-IN CRAFT CLASSES**

### **REGISTRATION IS FOR COUNT ONLY**

MONDAY, NOVEMBER 14, 9:00 a.m. - 11:00 a.m., MONDAY NIGHT WALK-IN NIGHT OWL, AND TUESDAY, NOVEMBER 15, 1:00 – 1:45 p.m.



All Walk-In Classes take 10-30 minutes to complete.



# 40<sup>TH</sup> ANNUAL TAFCE CONFERENCE WALK-IN CRAFT CLASSES REGISTRATION Monday and Tuesday, November 14 and 15

Indicate which classes you want to take and/or if you want to purchase a kit so that teachers will have needed supplies.

# Participants will pay for classes at the door.

All classes are Walk-In Classes, each takes 10 to 30 minutes to complete, come and go as you finish.

	1. "Salutes to Health Care Workers" Cards, Mon 9- 11 a.m. and Mon. Night O	wl	
	2. Spring Jewelry, Monday 9:00 – 11 a.m.		Kits
	3. Braided Christmas Ornament, Monday 9:00- 11:00 a.m.		
	4. Kitchen Angels, Monday 9:00 – 11:00 a.m.		Kits
	5. Cornhusk Dolls, Monday 9:00 – 11:00 a.m.		
	6. Santa Gnome, Monday 9:00 – 11:00 a.m.		Kits
	7. Kitchen Britches, Tuesday 1:00 – 1:45 p.m.		
	8. Kitchen Angels, Tuesday 2:00 – 2:45 p.m.		Kits
	9. Cornhusk Dolls, Tuesday 2:00 – 2:45 p.m.		
	10. Santa Gnome, Tuesday 2:00 – 2:45 p.m.		Kits
	11. Fork Bow Making, Tuesday 2:00 – 2:45 p.m.		
Name	Country		
City, Stat	e, Zip Phone:		
Email:			

Please email this form by October 1, 2022 to:

Carolyn Binkley: <u>2022stateconf@gmail.com</u> Questions: call or text Carolyn 615-804-1574

# Notes/Work page



# 40<sup>TH</sup> ANNUAL TAFCE CONFERENCE CREATIVE CRAFT CLASSES DESCRIPTIONS Monday and Tuesday, November 14 and 15



1. Monday 11:15 – 12:00 p.m. Cost \$5.00 No kits Palomino

and 3:00 – 3:45 p.m.

**Say It With a Card** –Mary Beth Henley & Barbara Brackett Create 3 beautiful cards with a variety of sentiments. Cards and techniques will vary with each class.

All supplies will be provided. Limit 8



2. Monday 11:15 – 12:00 p.m. Cost \$5.00 Kits \$5.00 Quarter Horse Mason Jar Luminary – Chrissie Guidry
Make a luminary using a Mason jar, napkins, and mod podge.
All supplies furnished. Limit 20



3. Monday 11:15 a.m. 12:00 p.m. Cost \$3.00 Kit \$1.50 Mustang
Clothespin Snowflake – Carolyn Binkley
Christmas decoration made by taking
clothespins apart, painting, then gluing
back-to-back. Limit 10



4. Monday 1:00 p.m. – 2:45 p.m. Cost \$6.00 No Kits Mustang

Iris Card Folding- Theresa Bell

Learn to make greeting cards by folding

strips of paper to form a design.

All supplies furnished. Limit 15



5. Monday 1:00 –1:45 p.m. Cost \$4.00 Kits \$4.00 Quarter Horse

Christmas Bells – Donna Elliott

Ornaments made using thin wire, faceted beads, starbursts, tribeads, and communion cups.

All supplies will be provided. Limit 20



6. Monday 1:00 p.m. – 2:45 p.m. Cost \$6.00

Reverse Decoupage Plate – Wendy Drumm

Decoupage a clear plate using seasonal designs to make a cookie plate or a wall hanging.

Limit 15

No kits

Palomino



7. Monday 2:00-2:45 p.m. Cost \$5.00 No kits Quarter Horse Holiday Mini Canvases- Linda Prince and Deborah Foster

Create three designs of your choice (Christmas, Fall, etc.)

on Mini canvases that can be used as magnets, ornamments, or attached to ribbon for vertical display. Limit 15



8. Monday 3:00– 3:45 p.m. Cost \$3.00 Kits \$1.00 Mustang

Origami Bookmark – Sylvia Ballard

Fold origami paper into a dress to attach to a bookmark.

Limit 10



9. Monday 3:00 p.m. – 3:45 p.m. Cost \$5.00 No Kits Quarter Horse Rag Flag –Deborah Foster

The door or wall hanging is made of torn strips of fabric tied to a wooden dowel. The hanging is finished with a piece of jute tied to both ends for a hanger. Limit 20



10. Tuesday 1:00 p.m. – 1:45 p.m. Cost \$10.00 No Kits Palomino **Fashion Flair Brooch** - Kimberly Davis and Shay Davis Reinvent the brooch to add Fashion Flair to your wardrobe. Be on time, this class might run over. Enjoy! Limit 12



11. Tuesday 1:00 – 1:45 p.m. Cost \$3.00 No Kits Quarter Horse Iris Paper Folding Christmas Card – Belinda Riddle Create a handmade card with a Christmas ornament design using Iris paper folding technique, just in time for the holidays! Limit 16



# 40<sup>TH</sup> ANNUAL TAFCE CONFERENCE CREATIVE CRAFT CLASSES REGISTRATION Monday and Tuesday, November 14 and 15

Registration is required for these classes so that the teachers may have adequate supplies and kits for the number of participants. Classes will be filled according to date received.

Monday, November 14, 2022	CLASS	Price	Kit Price	Room
11:15 a.m. – 12:00 p.m.	Say It With a Card	\$5.00	No Kits	Mustang
11:15 a.m. – 12:00 p.m.	Mason Jar Luminary	\$5.00	\$5.00	Quarter Horse
11:15 a.m. – 12:00 p.m.	Clothespin Snowflake	\$3.00	\$1.50*	Palomino
			*(Kit is clothes	pins only)
1:00 p.m. – 1:45 p.m.	Christmas Bells	\$4.00	\$4.00	Quarter Horse
1:00 p.m. – 2:45 p.m.	Iris Card Folding	\$6.00	No Kits	Mustang
1:00 p.m. – 2:45 p.m.	Reverse Decoupage Plate	\$6.00	No Kits	Palomino
2:00 p.m. – 2:45 p.m.	Holiday Mini Canvas	\$5.00	No Kits	Quarter Horse
3:00 p.m. – 3:45 p.m.	Origami Bookmark	\$3.00	\$1.00	Mustang
3:00 p.m. – 3:45 p.m.	Say It With a Card (repeat)	\$5.00	No Kits	Quarter Horse
3:00 p.m. – 3:45 p.m.	Rag Flag	\$5.00	<del></del>	Palomino
Tuesday, November 15, 2022				
1:00 p.m. – 1:45 p.m.	Iris Paper Folding Christmas C	ard\$4.00	No Kits	Mustang
1:00 p.m. – 2:45 p.m.	Fashion Flair Brooch	\$10.00	No Kits	Palomino
		TOTAL:	TOTAL:	
	GRAND TOTAL:			
Name:		County:		
Address:				
City, State, Zip:				
E-Mail:				

Indicate classes you want to take and kits you want to purchase. Send total amount in a check made out to <a href="#">TAFCE, Central Region to:</a>

Linda Prince 1665 Jordan Lane Lewisburg, TN 37091

Questions: sliprince@gmail.com

# Notes/Work page



# **40<sup>TH</sup> ANNUAL TAFCE CONFERENCE**

#### **EDUCATION SESSIONS DESCRIPTIONS**

1. and 13. "Cowboy Up" Suicide Prevention with Regina Peery (Limit 40) Monday 3:00 -3:45 p.m. and Tuesday 2:00 -2:45 p.m.

Salon 1

Cowboy Up is a suicide awareness, prevention, and education program. Suicide is the leading cause of death in college students. Suicide affects all ethnicities, economic classes, social groups and age ranges. The Cowboy Up program offers hope and support. Regina's new book HUGHISMS is a collection of life lessons shared through the wit and wisdom of her father with proceeds helping the Cowboy Up program. Regina has been in education, and she is founder, presenter, and facilitator of the "Cowboy Up" Suicide Prevention program.

2. and 9. Dance Fitness with Michaela Pedigo (Limit 40) Monday 3:00-3:45 p.m. and Tuesday 1:00-1:45 p.m.

Salon 2



The health benefits of dance fitness will be discussed, emphasizing the importance of staying fit at all ages. Participants will be able to try three line dances and handouts will be provided for future reference. Fitness while having fun are key components to a healthy life style. Michaela, UT Extension Agent in Macon County, has always been interested in community health. Come learn and enjoy the benefits of line dancing.

3. Chair Volleyball Demonstration- S. Barnes, H. Lytle, K. Roberson (Limit 40) Salon 4 Monday 3:00-3:45 p.m.

This session will prepare our mindset for the next step of implementing Chair Volleyball into our clubs. Leaders will stress the benefits of exercise, membership growth, and laughter!

4. FCL Positive Leadership Traits by Birth Order- Wendy Drumm and Peggy Richmond (Limit 40) Tuesday 11:15 – 12:00 p.m.



The purpose of this lesson is to recognize the positive traits associated with birth order and to use them to enhance your leadership style. Come and learn how knowing the traits connected with birth order can help you make the most of your leadership style. Wendy, Smith County, is presently serving CR as VP for Public Policy and Peggy, Grundy County, is CR President Elect. Earn one FCL hour, under the pillar of Leadership. Cost \$2.00 at door.

5. and 17. Wreaths for All Occasions – Whitney Danhof (Limit 40) Salon 2 Tuesday 11:15 a.m. - 12:00 p.m. and 3:00 – 3:45 p.m.



Wreaths create a friendly welcome and are an easy way to change the décor of your home for the many seasons throughout the year. Come explore and see examples of handmade wreaths, receive a handout with directions for several different types and make a mini wreath ornament for your holiday tree! Whitney Danhof is a Family and Consumer Sciences Extension Agent in Bedford County. Whitney loves working with the FCE clubs and sharing new skills and information. Her hobbies include needlework, crafts and cooking.

6. and 18. History of FCE Name Changes - Wanda Briddelle and Shelly Barnes (Limit 40) Salon 3 Tuesday 11:15 a.m. - 12:00 p.m. and 3:00 - 3:45 p.m.



In this session, Wanda, TAFCE President Advisor Wilson County, and Shelly, Wilson County Extension Agent, will take you through the years to learn more of the history of Extension and the heritage of the FCE organization. A dynamic duo since 2006, their natural friendship and passion for FCE shines through as they advocate and support the growth of FCE. Come put more history and meaning to your FCE membership. Both Wanda and Shelly enjoy learning and teaching new things.

7. and 13. Cooking Southern-Recipes and Their History with David Hazelwood (Limit 40)

Tuesday 11:15 a.m. - 12:00 p.m. Salon 4 and 2:00 -2:45 p.m. Salon 2



The cookbook, **Cooking Southern-Recipes and Their History**, answers questions like, why do Southerners eat what they eat and cook the way they do. David's Depression Era recipes were discovered in a box of family memorabilia. These recipes appeared in his out-of-print cookbook," Miss Lizzie's Heirlooms", which as a collection of his Kentucky grandmother's hand-written recipes in a memorandum book. **Cooking Southern** explores deeper into the inherent growth of the Southern personae by way of their foods and, by extension, their very community. Did southern foods such as fried chicken, biscuits, hush puppies, and sweet tea develop from meeting basic needs or expand just from the desire of pure pleasure? David and his wife, Claudia, owned and operated historic Cortner Mill Restaurant located on the Duck River in Normandy for twenty-seven years.

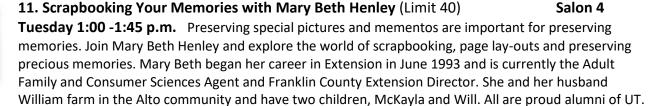


**8.NEW IDEA! BOOK CLUB- Peggy O'Neal Peden, Tuesday 1:00 – 1:45 p.m.** (Limit 40) **Salon 1** Participants are asked to have read <u>Your Killin' Heart</u> by Peggy O'Neal Peden before they arrive. The book is in local libraries, some book stores, or at Amazon.com. The author will lead the discussion of character choices, the plot unfolding, and the mystery element used to entice the reader.



Is pill popping prescription drug abuse? Many people from all walks of life pop pills, they do so without intending on developing an addiction. It isn't a sign of addiction if someone taking prescription drugs are following the doctor's recommendations. If a person takes more than what the doctor prescribes,

it is drug abuse. Barbara is County Council President for Franklin County FCE, and Wendy, Smith County, is presently serving as Central Region VP for Public Policy. Earn 1 FCL credit hour. \$2 charge for FCL classes payable at door



12. WRITE - Peggy O'Neal Peden (Limit 40)

Salon 1

Tuesday 2:00 – 2:45 p.m.

Peggy O'Neal Peden, author of <u>Your Killin' Heart</u>, <u>Gone Missin'</u>, and <u>Flyin' Solo</u>. Bring writing supplies and come listen to local educator and author, Peggy O'Neal Peden, as she walks you through the hoops of having an idea in your head, getting it on paper, and developing it into a published book in the book store. Her three books chronicle travel agent Campbell Hale's curiosity as she solves mysteries set in Nashville and its music industry. If interested, signed copies of all three books can be purchased.

**14. Coffee Talk- Terri Orr, Tuesday 2:00-2:45 p.m. (Limit 25)**Salon 3

Come and explore the origins and health benefits to various coffee traditions around the world. This session includes tastings. Terri serves as UT Extension Marshall County Director/Family Consumer Sciences

session includes tastings. Terri serves as UT Extension Marshall County Director/Family Consumer Science Agent.

15. and 19. Everything You Wanted to Know About Insurance but Were Afraid to Ask-

Robert Straight Tuesday 2:00 p.m. – 2:45 p.m. and Tuesday 3:00- 3:45 p.m. (Limit 40) Salon 4 Mr. Straight will explain Medicare and options such as Medicare advantage and prescription plans. You will be able to determine which plan is best for you. Those not eligible for Medicare will learn about other insurance options. Life insurance options will be discussed and explained. Robert is a graduate of Bethel College and has been in the insurance field for over twenty years. He will entertain a question and answer session to discuss other insurance plans available.









# **40<sup>TH</sup> ANNUAL TAFCE CONFERENCE**

# **EDUCATION REGISTRATION**

There are no fees for any class except FCL (pay at the door). For teacher supplies, please indicate which class/classes that you plan to attend. A first and second choice for each hour will help get you the class you want. Classes will be filled according to date received and alphabetically.

Monday, November 14, 2022 3:00—3:45 p.m.	1. Cowboy Up Suicide Prevention - Regina Peery	Salon 1
3:00—3:45 p.m.	Dance Fitness – Michaela Pedigo	Salon 2
3:00—3:45 p.m.	Chair Volley Ball Demonstration	Salon 4
5.50 5.45 p.m.	3. Chair Volley Ball Bernonstration	301011 4
Tuesday, November 15, 2022		
11:15 a.m12:00 p.m.	4. FCL Positive Birth Order Traits-W Drumm/P Richmond	Salon 1
11:15 a.m 12:00 p.m.	5. Wreaths for All Occasions – Whitney Danhof	Salon 2
11:15 a.m. – 12:00 p.m.	6. History of FCE Name Changes- W Briddelle/ S Barnes	Salon 3
11:15 a.m 12:00 p.m.	7. Cooking Southern, David Hazelwood	Salon 4
+ + + +	+ + + + + + + +	+ +
1:00 p.m. – 1:45 p.m.	8. BOOK CLUB, Peggy O'Neal Peden	Salon 1
1:00 p.m. – 1:45 p.m.	9. Dance Fitness – Michaela Pedigo (repeat)	Salon 2
1:00 p.m. – 1:45 p.m.	10. FCL Class Popping Pills - B Brackett/W Drumm	Salon 3
1:00 p.m. – 1:45 p.m.	11. Scrapbooking Your Memories, Mary Beth Henley	Salon 4
+ + + +	+ + + + + + + +	+ +
2:00 p.m. – 2:45 p.m.	12. WRITE, Peggy O'Neal Peden	Salon 1
2:00 p.m. – 2:45 p.m.	13. Cooking Southern - David Hazelwood (repeat)	Salon 2
2:00 p.m. – 2:45 p.m.	14. Coffee Talk- Terri Orr	Salon 3
2:00 p.m. – 2:45 p.m.	15. Insurance Questions, Robert Straight	Salon 4
+ + + +	+ + + + + + +	+ +
3:00 p.m. – 3:45 p.m.	16. Cowboy Up Suicide Prevention - Regina Peery (repeat)	Salon 1
3:00 p.m. – 3:45 p.m.	17. Wreaths for All Occasions (repeat)	Salon 2
3:00 p.m. – 3:45 p.m.	18. History of FCE Name Changes, W Briddelle/S Barnes	Salon 3
	•	
3:00 p.m. – 3:45 p.m.	19. Insurance Questions, Robert Straight (repeat)	Salon 4

There are <u>no charges</u> for any Education Session. The \$2.00 FCL Fee can be paid at the door. For numbers only, please email this form to Patty Priest by October 1, 2022. <u>pattypriest@gmail.com</u>

# Notes/Work Page



# **40<sup>TH</sup> ANNUAL TAFCE CONFERENCE**

### **TOURS DESCRIPTIONS**

Monday, November 14

**TOUR #1 Tommy's Tours** \$55.00 8:45 a.m. - 12 noon

**Downtown Nashville & Homes of the Stars** 

This is a 2 ½ - 3 hour entertaining motor coach tour with Tommy, comedian and driver.

Pick-up & return: Marriott Hotel Limit 23

**TOUR #2 The Historic Franklin Hello Trolley Tour** 

\$25.00 9:45 am. - 11:30 a.m.

A 90 minute historic and scenic tour of Franklin, TN. Local guides will share history, stories, and explore

Franklin's past and present, while passengers sit back, relax, and enjoy the ride.

Pick-up & return: Marriott Hotel Limit 26

### The Historic Franklin Tour Highlights

· Historic homes on 2nd Ave and the 2nd Ave Antiques District

- · The Old, Old Jail; Big House for Historic Preservation
- · The Park at Harlinsdale Farm and The Factory
- · Historic homes on 3rd Ave.
- Old City Cemetery, Rest Haven Cemetery, and Bicentennial Park
- · Hard Bargain and the McLemore House
- · Historic Homes of Hincheyville
- Lotz House, Carter House, and Carter Cotton Gin Site
- · Carnton Plantation and the Eastern Flank Battlefield Park
- The McGavock Confederate Cemetery
- Historic Homes on Lewisburg Ave.
- · Franklin's "Great American Main Street"

#### Tuesday, November 15

TOUR #3: Tennessee State Museum and Farmers' Market \$10.00 (ride E. TN bus) 11:15 a.m.-3:15 p.m.

Museum is free. Lunch on your own at Farmers Market Limit 50 (arrive back at hotel by 4:15)

You will experience Tennessee history, art, and culture from the state's natural history beginnings to present day.

- Tennessee Time Tunnel
- Natural History
- First Peoples
- Forging a Nation
- Civil War and Reconstruction
- Change and Challenge and TN Transforms
- Centennial Exhibition and Much More

Farmers Market (Lunch - a list of places to eat will be given out on the bus.)

The Nashville Farmers' Market was founded in the early 1800s and is located in downtown Nashville adjacent to the Tennessee State Museum and Bicentennial Mall State Park. The market provides retail space to farmers, artisans, and small businesses which include several restaurants.

Those from East TN who paid to ride the bus to the state conference will not be charged the \$10 to go to the museum.



# 40<sup>TH</sup> ANNUAL TAFCE CONFERENCE TOURS REGISTRATION Monday and Tuesday, November 14 and 15

Monday, Novem	nber 14	
Tour #1	Tommy's Tours, Downtown Nashville & Homes of the Stars 8:45 a.m. – noon	\$55.00
Tour #2	Hello Trolley, Historic Franklin Trolley Tour 9:45 a.m. – 11:30 a.m.	\$25.00
Tuesday, Novem	nber 15	
Tour #3	Tennessee State Museum and Farmers' Market 11:15 a.m. – 3:15 p.m. (arrive back by 4:15)	\$10.00 for bus
(Those from East for numbers.)	t TN who ride the bus to the conference do not have to pay, but we	still need your response
		TOTAL
Indicate	the tours you will be attending and send this form along with your c  TAFCE, Central Region	heck made out to:
	Mail to:	
	Glenda Palmer	
	1113 Oak Creek Drive	
	Nolensville, TN 37135	
	Questions: email glenda.palmer777@gmail.com	
	or call or text: 615-319-1325	
PLEASE N	OTE THIS IS A SEPARATE CHECK FOR TOURS AND IS NOT TO BE INC REGISTRATION CHECK FOR THE CONFERENCE.	LUDED WITH YOUR
	Registration forms and money must be postmarked by October :	1, 2022.
Name	County	
Address		
	Region	