

ENVIRONMENTAL NEWSLETTER

January is a good time to renew, reuse and recycle. Think about ways you can reuse things not just recycle them. Use your old calendars to make envelopes. For the template, take apart an old envelope. All you need is scissors and Elmers glue. Also there are many things you can make with your old Christmas cards- post cards, boxes, gift tags, book marks, coasters, placemats, baskets etc. Ladies, get your thinking caps on and come up with some great projects.

If you are not eating meat-free meals, maybe start now having meatless Mondays. A diet that's filled with fruits and vegetables is not just better for our bodies, it's also better for the environment.

It is usually unnecessary to preheat your oven before cooking, except when baking bread or pastry. Just turn on your oven the same time you put your dish in.

Buy eggs in cardboard cartons, they are usually made from recycled paper, and can be recycled again.

I love the cheap part of going green. I am always amazed how my frugal tendencies are often green choices also.

Remember the Environmental Program Report is due April 1st. The winners will be announced at the Eastern Region Spring Camp.

1st place- \$25.00

2nd place- \$15.00

3rd place- \$10.00

All checks will be made out to the winning clubs.

Congratulations again to the 2012 winners! There were 30 entries from 11 counties.

1st place- "Whitesburg" in Hamblen County submitted by Margie Barnett

2nd place- "Springvale" in Hamblen County submitted by Eileen Brown

3rd place- "Strawberry Plains" in Jefferson County submitted by Helen La Shier

WHEN YOU REFUSE TO REUSE IT'S OUR EARTH YOU ABUSE.

Phyllis Forsythe
Eastern Region Action Chair